



North Albany Post 1610 American Legion

35 North First Street, Albany, NY 12204
Office: 518.465.4800/Bar: 518.465.1402
Website: <https://northalbanypost1610.com>
Email: nap1610@yahoo.com

May 2023



A Message from the Commander

The merry month of May is upon us. It brings with it longer, warmer days and tulips and other May flowers. A couple of days ago, we took our houseguest down to Washington Park to enjoy the beds of tulips in various stages of bloom surrounding Moses and being attended to by a cadre of very busy city gardeners. What a treat; the color combinations, the arrangements are spectacular. My favorite? A beautiful tulip named the “Janis Joplin.” Pictures of samples of tulips in Washington Park for this year’s Tulip Festival can be found on pages 3 and 4 of this newsletter.

This year Mother’s Day is Sunday, May 14, always the same weekend as Albany’s busy Pinksterfest and Tulip Queen coronation, all in Washington Park. You’ll remember that 2022 Tulip Queen Sam Mills was with us at last year’s graves decoration at St. Agnes Cemetery and the next morning’s Memorial Day parade, returning to the post for the reading of the names, and then serving as honorary bartender for a couple of hours.

This Memorial Day weekend begins for us with a series of three brief wreath-laying ceremonies the Sunday morning of May 28, in front of the post at 8:15 a.m., then in front of North Albany Academy (PS20) at 8:35 a.m., and the third at the St. Agnes Cemetery flagpole and memorial stone at 9:00 a.m. Again, this year, wreaths will be provided by the post’s Sons squadron. After the final wreath-laying all members present, willing and able, along with our stalwart volunteers and a detail of Albany High’s SGT Henry Johnson Bn JROTC, some 25 or so cadets strong, commence the decoration of the cemetery’s military and veterans’ graves, a gesture of respect in keeping with the purpose of Memorial Day. After “a mission accomplished” (on or about 11:15 a.m.), we return to the post pavilion for brunch.

The following morning, Monday May 29, Albany’s Memorial Day parade steps off at 9:30 a.m. at the Central Ave. and Partridge St. intersection and with our own **John Sacca as Grand Marshal** at the lead, travels east on Central, then east on Washington Ave., pausing at Henry Johnson Boulevard to lay wreaths at the Puerto Rican and Soldiers and Sailors Memorials. The parade then continues on and passes in review in front of the old NYS Education Building across from the north entrance of the NYS Capitol at approximately 10:45 a.m. After the parade, a ceremony is held in Lafayette Park, just east of the Education Building at the site of the Albany, NY Vietnam Veterans Memorial whereat Mayor Kathy Sheehan and other dignitaries offer greetings and **Grand Marshal Sacca** gives his remarks.

(Continued on page 2)

Auxiliary News

Congratulations! Our Unit made 100% for our membership goal. Thanks Jan for all of your hard work.

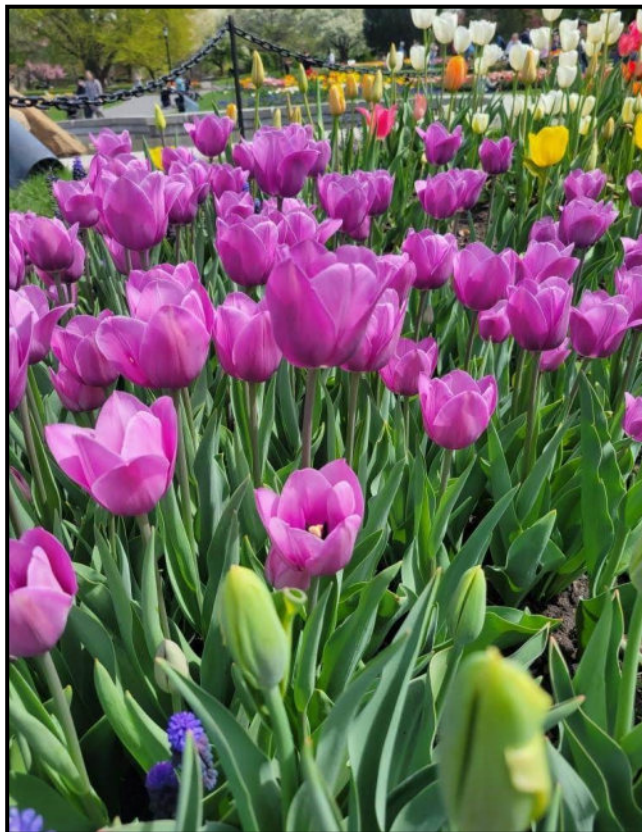
If you have not seen the information, we are sponsoring a women's self-defense class at the Post. It is a two-night class, both Fridays: May 19 and June 9 from 5:30 to 7:30 each night. It will be held by the Albany County Sheriff's office at our Post. It is free and open to the public, any age (teens to seniors). If you are interested, there are still a few open spots. Contact Sheila Savage at 518-221-3729 ASAP to hold your spot. You must attend both nights to complete the course.

Calling all knitters and crocheters!! We have been busy these last few months making baby items for pregnant veterans at the VA; afghans (in patriotic colors) for veterans in hospice; and lap robes for veterans living at Shaker Point (Albany County) Nursing Home. If you can help us with any of these projects, we would appreciate your help. Call me (518-869-8668) with any questions.

The Memorial Day Parade will be here before you know it. We are looking for auxiliary members interested in participating. You can walk with us, or there is a bus you can ride in. It will be May 29 at 9:30 a.m.

Dorothy is still looking for a couple more people to help distribute poppies later in May. You can reach her at 518-248-3920 to get more info. You only need to do a couple of hours and your help would really be appreciated. We do it at Price Chopper at Shaker and Osborne Rd. We are inside and chairs are available if you need to sit.

Judy Benner
President



The "Janis Joplin." If Janis had any say in this, she might have preferred a pearl white tulip, her nickname being "Pearl."



A big bed of "Purdy Colorblend" tulips edged with purple grape hyacinths.

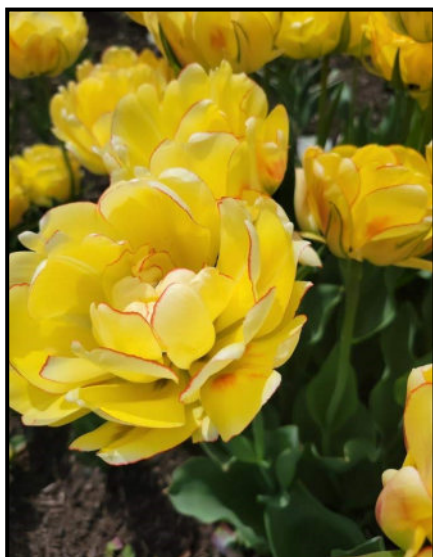
Auxiliary Projects

There are currently 22 Veterans in Shaker Rehabilitation Nursing Home and we would like to provide each of them a lap afghan. If you can crochet or knit or would like to donate yarn for this project, please let me know. That way we can be sure each Veteran has one!

We have also been asked by Community Hospice to make twiddlemuffs for the dementia patients. Twiddlemuffs can be used for both sensory activities and anxiety-relieving activities for sufferers of autism and dementia. These muffs can help distract the patients from pulling on their skin, hair, clothing, and medical devices. They engage those whose attention span has been impaired by disease by keeping fingers busy elsewhere.

If interested in knowing more about this project, please contact me (518-573-5167).

Jan Precopia
Vice President



These lush “Dordogne, El Nino, Akebono” tulips are delicately



Twiddlemuffs

Post Bar Hours

Fridays: 4:00 p.m. on

5:00 – 8:00 p.m. Happy Hour
House DJ most Fridays

Game Night: 2nd and 4th Fridays –
8:00 p.m. on: cards, pool, Karaoke, etc.
Wings, fries available for purchase.

Sundays: 1:00 to 4:00 p.m. Happy Hour.
Wings, fries available for purchase.

Other Days: The bar is often open at
other times for third-party events.

If you wish to quench a thirst, call
the bar number (518-465-1402) to see if
Shirl is there to accommodate you.

Save the Date!

Father’s Day, Sunday, June 18, 1:00 – 4:00 p.m. at the post.
Splurge on the Old Man!

House Chair Jackie promises a good time with Great Food
and our house DJ. More info to follow.

FYI: This will be the post’s inaugural Capital Improvement
event.

County Legion Meeting at Our Post

Thursday May 25, 7:00 p.m.

County meeting followed by our traditional scalloped pota-
toes and ham meal.

Members: Be there or be square.